



Mottainai: Think Green!

No matter where you live in Southern California, it's important to be frugal and to be "green." *Little Tokyo Service Center* and *Sustainable Little Tokyo*—in conjunction with "Energy Upgrade CA"—will present various energy saving tips and culturally sensitive ways to waste less and make your life and your surroundings more "green."

Bonus: Learn how to wrap various items with a reusable *furoshiki* in a fun do-it-yourself workshop.



Saturday, May 9 @ 2 p.m.

At Gardena Valley Japanese Cultural Institute
1964 W. 162nd St. Gardena, CA 90247 | **RSVP (213) 473-3035**

Seniors Party!

Let's celebrate **National Asian Pacific American Heritage Month** and **National Older American's Month** in Little Tokyo. We will have a raffle, refreshments and musical entertainment, as well as advocacy opportunities.

Surprise guests! We look forward to celebrating with you!



Little Tokyo, Los Angeles
For more information, please call (213) 473-3035

Thursday, May 28 / 2 p.m.



Downsizing Your Home: What You Need to Know

As we age, we accumulate many things in our home. Although we know we need to get organized, it can be overwhelming because of sentimental reasons. Another challenge can be downsizing from a family home to a smaller home, apartment, or assisted living facility. On May 30, Clear Home Solutions, an accredited Senior Move Manager, will come and speak about how to downsize and make the transition as easy as possible.

Saturday, May 30 / 2 p.m.

At Gardena Valley Japanese Cultural Institute
1964 W. 162nd St. Gardena, CA 90247 | **RSVP (213) 473-3035**